

## KEY FEATURES

Supports healthy liver function assisting in better liver health enhancing the body's ability to burn fat and remove harmful toxins more quickly.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Take 1 capsule daily prior to a meal.

WARNING: As with any supplement, consult your doctor before use. This product is only intended to be consumed by adults 18 years of age or older. Do not use if you are pregnant, nursing, trying to conceive, taking any medications, have any medical condition or anticipate surgery. Discontinue use and consult your doctor if any adverse reactions occur after use. Do not exceed daily recommended dosage on the label. Keep out of reach of children. Store at room temperature and avoid excessive heat. Tamper resistant: do not use product if seal around cap is broken.



**optimal  
health**



**weight  
management**



# ESFIT

# LIVER SUPPORT

**90 CAPSULES • 90 SERVINGS**  
DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

	Amount Per Capsule
Milk Thistle (Silyburn marianum L.) Seed Extract (Standardized to 80% Silymarin)	200 mg*
Choline DL-Bitartrate	150 mg*
Organic Beets	100 mg*
Organic Turmeric Powder	50 mg*
ALA (Alpha Lipoic Acid)	50 mg*

\*Daily Value not established.

### OTHER INGREDIENTS

Cellulose (capsule), Microcrystalline Cellulose,  
Magnesium Stearate.



Distributed by Shake This  
1900 W. Sunset, Springfield, MO 65807  
[www.ShakeThis.com](http://www.ShakeThis.com) • 866-224-8265