## THE ES FIT STORY

We're on a mission to help people become stronger every day. We've taken an innovative approach to nutrition and packed all our expertise and passion into this line of supplements. Our supplements deliver the perfect blend of nutrition and taste. We use only the highest quality ingredients and each product is third party tested so you can use them with confidence to reach your fitness goals.

## **KEY FEATURES**

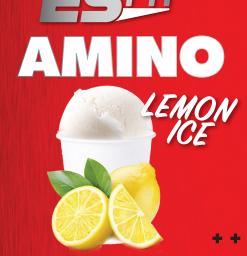
Packed with 10 grams of powerful essential amino acids which are the building blocks of muscle growth and assist in muscle recovery. Enhanced with an electrolyte blend for hydration.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.









NATURALLY/ARTIFICALLY FLAVORED DIFTARY SUPPLEMENT

## Supplement Facts Serving Size: 14g (1 Scoops)

Servings Per Container: 30

Į.	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 q	19
Sugars	1 g	*
Calcium	36 mg	49
Magnesium	39 mg	109
Sodium (as Sodium Chlori	de) 40 mg	29
Potassium	45 ma	19
L-Leucine	3000 mg	*
L-Glutamine	2000 mg	*
L-Valine	1500 mg	*
L-Isoleucine	1500 mg	*
L-Phenylalanine	500 mg	*
L-Lysine HCI	500 mg	*
L-Threonine	500 mg	*
L-Histidine	250 mg	*
DL-Methionine	150 mg	*
Electrolyte Blend	400 mg	*
Potassium Citrate,	-	
Calcium Carbonate		

\*\*Percent Daily Values are based on a 2,000 calorie diet. ‡Daily Value not established.

Ingredients: Natural & Artificial Flavors, Citric Acid.

Magnesium Aspartate Sodium Chloride

**Distributed by Shake This** 1900 W. Sunset, Springfield, MO 65807

