

THE ES FIT STORY

We're on a mission to help people become stronger every day. We've taken an innovative approach to nutrition and packed all our expertise and passion into this line of supplements. Our supplements deliver the perfect blend of nutrition and taste. We use only the highest quality ingredients and each product is third party tested so you can use them with confidence to reach your fitness goals.

KEY FEATURES

Supports a supercharged workout and maximum performance. Enables better focus, increased energy and improved muscular endurance.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



**muscle
growth**



**energy
boost**



ESFIT

IGNITE PRE-WORKOUT



GRAPE SORBET



NATURALLY/ARTIFICIALLY FLAVORED
DIETARY SUPPLEMENT
217.5g (7.67oz)

Supplement Facts

Serving Size: 7.25g (1 rounded scoop)
Servings Per Container: 30

| Amount Per Serving | % Daily Value† |
|--|----------------|
| Calories | 5 |
| Total Carbohydrate | 1 g < 1% |
| Niacin (as Niacin) | 35 mg 175% |
| Vitamin B6 (as Pyridoxine HCl) | 2 mg 100% |
| Folate (as Folic Acid) | 80 mcg 20% |
| Vitamin B12 (as Methylcobalamin) | 6 mcg 100% |
| L-Citrulline-Malate | 2000 mg ** |
| Creatine Monohydrate | 2000 mg ** |
| Focus Matrix [N-Acetyl L-Tyrosine, Choline Bitartrate, DMAE Bitartrate, L-Theanine, Bacopa Monnieri (leaf)] | 800 mg ** |
| Caffeine | 200 mg ** |
| BioPerine® (Black Pepper Extract) | 2 mg ** |

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Natural Flavors, Citric Acid, Silicon Dioxide, Sucralose, Malic Acid, Calcium Silicate, Acesulfame Potassium, Vegetable Juice Powder.

Distributed by Shake This
1900 W. Sunset, Springfield, MO 65807
www.ShakeThis.com • 866-224-8265

WARNING: As with any supplement, consult your doctor before use. Do not use if you are sensitive to caffeine. Do not consume with alcohol. Do not combine with any other sources of caffeine. Not intended for those who are sensitive to niacin, or caffeine. This product is only intended to be consumed by adults 18 years of age or older. Do not use if you have pregnant, nursing, trying to conceive, taking any medications, have any medical condition or anticipate surgery. Consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur after use. Do not exceed daily recommended dosage on the label. Keep out of reach of children. Store at room temperature and avoid excessive heat. Tamper resistant. Do not use product if seal around cap is broken.

SUGGESTED USE: As a dietary supplement, mix 1 scoop (7.25g) with 8 fl. Oz of cold water and mix vigorously for 30 seconds in a shaker or blender. For maximum results, on training days, use 1 serving 20 minutes pre workout. Do not consume 4 hours prior to sleep.

