



Glastonbury

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



FOUNDATION
6:30 AM



SGT
9:30 AM



STRENGTH
5:30 PM



BURN
6:30 AM



STRENGTH
9:30 AM



FOUNDATION
5:30 PM



STRENGTH
6:30 AM



FOUNDATION
9:30 AM



SGT
5:30 PM



FOUNDATION
6:30 AM



SGT
9:30 AM



BURN
5:30 PM



SGT
6:30 AM



STRENGTH
9:30 AM



STRENGTH
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FOUNDATION
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BURN
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