

## KEY FEATURES

An essential nutrient and part of a healthy diet. Promotes bone density and aids in the healthy function of cardiovascular systems and immune systems.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Take 1 softgel daily with a meal.

WARNING: As with any supplement, consult your doctor before use. This product is only intended to be consumed by adults 18 years of age or older. Do not use if you are pregnant, nursing, trying to conceive, taking any medications, have any medical condition or anticipate surgery. Discontinue use and consult your doctor if any adverse reactions occur after use. Do not exceed daily recommended dosage on the label. Keep out of reach of children. Store at room temperature and avoid excessive heat. Tamper resistant: do not use product if seal around cap is broken.



# ESFiT

# OMEGA 3 FISH OIL

60 SOFTGELS • 60 SERVINGS  
DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 60

	Amount Per Capsule	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	1%**
Cholesterol	5 mg	2%**
Fish Oil	1,250 mg	‡
Total Omega -3 Fatty Acids	750 mg	‡
EPA (Eicosapentaenoic Acid)	450 mg	‡
DHA (Docosahexaenoic Acid)	300 mg	‡

\*\* Percent Daily Value (DV) are based on a 2,000 calorie diet.  
‡Daily Value not established.

### OTHER INGREDIENTS

Gelatin, Glycerin, Purified Water.  
Contains: Fish (Anchovy).



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