






















# SCHEDULE/Fairfield

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 BURN 6:30am		 STRENGTH 6:30am		 FOUNDATION 6:30am	 STRENGTH 8:00am	 STRENGTH 8:00am
 STRENGTH 9:30am	 BURN 9:00am	 FOUNDATION 9:00am	 BURN 9:00am	 STRENGTH 9:30am	 BURN 10:00am	
 STRENGTH Cullen 5:00pm	 FOUNDATION Julia 5:30pm	 STRENGTH Julia 5:30pm	 BURN Andres 5:30pm	All sessions require a reservation. Schedule subject to change		
 FOUNDATION Amy 7:00pm	 STRENGTH Rachel 7:00pm	 BURN Cullen 7:00pm	 STRENGTH Stephanie 7:00pm			