

THE ES FIT STORY

We're on a mission to help people become stronger every day. We've taken an innovative approach to nutrition and packed all our expertise and passion into this line of supplements. Our supplements deliver the perfect blend of nutrition and taste. We use only the highest quality ingredients and each product is third party tested so you can use them with confidence to reach your fitness goals.

KEY FEATURES

Creatine supports a supercharged workout and increase power during training. Unflavored to make it easy to mix with other beverages.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



**muscle
growth**



**better
recovery**

ESFIT

CREATINE PURE

DIETARY SUPPLEMENT

300g (10.6oz)

SUPPLEMENT FACTS

Serving Size: 1 scoop (5 g)

Servings Per Container: Approx. 60

	Amount Per Serving	% Daily Value
Creatine Monohydrate	5000mg	*

*Daily Value not established

Manufactured with unsurpassed quality control to ensure purity, potency and freshness. This flavorless powder blends easily with any beverage or sports drink.

Distributed by Shake This
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WARNING: As with any supplement, consult your doctor before use. This product is only intended to be consumed by adults 18 years of age or older. Do not use if you are pregnant, nursing, trying to conceive, taking any medications, have any medical condition or anticipate surgery. Discontinue use and consult your doctor if any adverse reactions occur after use. Do not exceed daily recommended dosage on the label. Keep out of reach of children. Store at room temperature and avoid excessive heat. Tamper resistant: do not use product if seal around cap is broken.

SUGGESTED USE: As a dietary supplement, mix 1 scoop (5g) with 8 fl. Oz. of water. Alternatively mix with 20-40 grams of your favorite fast acting carbohydrate beverage, amino, pre workout or protein powder. Can be consumed at any time. For maximum results, on training days, use 1 serving 20 minutes pre workout, and 1 serving immediately post workout. For loading instructions, consult your fitness professional.

